

Plan better.
Invest smarter.
Your partner in
parallel for life.

Mid-Year Financial Planning Check-Up: Tips for a Stronger Future



As we reach the halfway point of the year, it's a perfect time to conduct a financial planning check-up. Here are some essential tips to consider:

Revisit Your Spending

Maintaining a budget and sticking to it can be challenging. However, reviewing your credit card and bank statements from the first half of the year



can help you stay on track. Many credit card companies categorize your spending, making it easier to identify areas where adjustments can be made for the remainder of the year.

Obtain Your Credit Report

Checking your credit report several times a year is a smart financial habit. It allows you to correct errors promptly and detect potentially fraudulent activity. You are entitled to one free credit report from each of the three nationwide credit bureaus—Equifax, Experian, and TransUnion. Additionally, until December 2023, you can access a free credit report each week from each bureau at AnnualCreditReport.com. Moreover, Equifax offers six free credit reports per year through 2026. These reports are in addition to the one free Equifax report, as well as your Experian and TransUnion reports, which you can obtain annually at AnnualCreditReport.com¹.

Reevaluate Your Retirement Plan Contributions

Summer is an ideal time to review your contributions to retirement plans. Are you maximizing your contributions? Can you increase your savings for retirement? Consider making adjustments now to boost your savings for the rest of the year. If you're 50 years or older, take advantage of catch-up contributions. In 2023, the maximum 401(k) contribution is \$22,500 per year, and for those 50 or older, it increases to \$30,000 (including a \$7,500 catch-up contribution)².

Evaluate Your Tax Withholding

Regularly reassess your tax withholding, especially if you've experienced significant life events. If you anticipate a shortfall, you have time to make adjustments or additional estimated payments. Some events that should trigger a review of your withholding include tax law changes, marriage, divorce, children, salary increases, new jobs, second jobs, starting a side business, or unemployment. If you haven't experienced major changes since the previous tax year, you may want to adjust your withholdings based on your prior tax return. This way, you can keep more money throughout the year instead of receiving a large refund during tax season.

¹ https://consumer.ftc.gov/articles/free-credit-reports#How%20To%20Get%20Your%20Free%20Credit%20Reports

² https://www.irs.gov/newsroom/taxpayers-should-review-the-401k-and-ira-limit-increases-for-2023#:~:text=The%20amount%20individuals%20can%20contribute,also%20all%20increase%20for%202023.



Consider Roth IRA Conversions

Converting existing assets from a traditional IRA to a Roth IRA can enhance your retirement income strategy. Having assets in a Roth IRA that qualify for tax-free withdrawals offers flexibility in managing your tax liability during retirement. Take advantage of your current tax bracket by shifting traditional IRA assets to Roth IRAs. Keep in mind that the amount converted will be taxed as ordinary income, but if you meet the holding period requirements in a Roth IRA, withdrawals are tax-free. Ensure that the conversion amount doesn't push you into a higher tax bracket, and starting this process mid-year allows time to develop an income plan that manages the tax impact effectively.

Review Your Insurance Needs

Take the time to evaluate your insurance coverage levels, including life, health, disability, liability, auto, and property insurance. Research any discounts for which you may qualify. If your income has changed significantly, adjust your life insurance and disability income coverage accordingly. Additionally, if you have recently remodeled your home, ensure that your home insurance coverage has been increased to account for the higher home value.

Review Your Estate Planning Documents

Check the beneficiary designations on your financial accounts, insurance policies, and retirement accounts to ensure they are up to date. Consider taking a fresh look at your will and/or trust to confirm that the beneficiaries named and specifications outlined are still valid.

If you're contemplating gifting to your children, be aware that the lifetime estate and gift tax exemption (currently almost \$13 million per person) is scheduled to be reduced to approximately half that amount in 2026. Take advantage of the exemption now to help reduce potential estate taxes in the future.

Map Out Your Charitable Giving Plan

If you have a charitable inclination, proactively establish a tax-efficient charitable giving plan. If you are 70½ years or older, consider giving directly to your charity from your IRA using a Qualified Charitable Distribution. This allows you to donate and meet your Required Minimum Distribution for the year. The limit for 2023 is \$100,000.



Setting up a Donor-Advised Fund is another option. It enables you to contribute now and delay the decision on which charities to support. Donor-Advised Funds are particularly useful for higher income years since you can immediately deduct each contribution. Additionally, consider donating highly appreciated stock as part of your gifting strategy. You can deduct up to 60% of your adjusted gross income (AGI) for cash donations and up to 30% of AGI for appreciated securities when donating to a donor-advised fund program³.

Plan Ahead

By conducting a mid-year financial planning check-up, you can take proactive steps towards a stronger financial future. Use these tips as a guide to reassess your financial situation and make any necessary adjustments for the rest of the year.

This material is provided for informational purposes only and should not be construed as investment advice. Different types of investments involve varying degrees of risk. Discussion or information contained in this presentation does not substitute personalized investment advice from Parallel or another professional advisor of your choosing. Any opinions or forecasts contained herein reflect the subjective judgments and assumptions of Parallel Advisors, LLC ("Parallel"). Parallel cannot and does not provide warranties nor representations as to the reliability or accuracy of the content it shares.

³ https://www.fidelitycharitable.org/advisors/advisor-resource-center/offset-high-income-year.html#:~:text=Clients%20will%20be%20eligible%20to,a%20donor%2Dadvised%20fund%20program.

Important Disclosure Information

Parallel Advisors, LLC ("Parallel Advisors" "we," "us" or "our") hereby provide these disclosures and disclaimers. You acknowledge your understanding of these disclosures and disclaimers with respect to the Parallel Advisors activities and you, including with respect to the document, information or website ("Communication") that linked to these disclosures and disclaimers.

Information Purposes Only. Any material provided in our Communication either directly or through cross-reference to another site is for informational purposes only. Any information provided in our Communication does not purport to be, and is not intended to be, financial, legal, accounting, tax or investment advice. Parallel Advisors does not represent that the securities, products, or services discussed in our Communication are suitable or appropriate for any or all investors. The information provided, therefore, should not be viewed as financial, legal, accounting, tax or investment advice.

Past Performance. Past performance is not necessarily indicative of future results. Any investment involves significant risks, including loss of the entire investment. Future market conditions are unpredictable, and may vary significantly from current and past conditions, particularly given current worldwide market uncertainty. Some of the investment strategies presented in our Communication may involve transactions in foreign currencies. A foreign currency is a currency other than that issued by the government of the country in which you are domiciled or, in some cases, in which you reside. Transactions in foreign currencies may introduce additional risk to the investment transaction.

Risks. Persons engaging in investment activities should be aware that investing is an inherently risky activity. Depending on the nature of the investment, these risks include, but are not limited to, interest rate, foreign currency, liquidity, credit, legal, and political risk. The information contained in our Communication is based on factual assumptions that may not be applicable to the particular circumstances of any user accessing our Communication scientific assumptions that are liable to require revision due to changing circumstances, and statistical assumptions that are based on confidence levels which may require revision. For these reasons, no representations or warranties, expressed or implied, are made to the accuracy or applicability of any information contained in our Communication or any linked site to any particular viewer specifically, or to all viewers generally. Also, no representations or warranties, express or implied, are made as to the result any viewer might experience from using any of the information contained in our Communication or to any linked site.

Third-Party Sources. Links to other websites from our Communication are for convenience only. Information, including that obtained from outside sources, is believed to be correct, but the firm cannot guarantee its accuracy. Information on this website is subject to change at any time without notice. Research on the site is provided only as a sample of research and analysis. Some or all of the information contained in this report may be dated and, therefore, this information should not be the basis to purchase or sell any securities. We make no representation about whether any research led to any particular transaction or any profitable investment decision. No endorsement of any third-party products, services or information is expressed or implied by any information, material or content referred to or included on, or linked from or to our Communication.

No Investment Advice. Nothing contained herein constitutes investment, legal, tax or other advice nor is it to be relied on in making an investment or other decision. All information contained herein is subject to in its entirety to a separate agreement. An investor should consider the relevant investment objectives, risks, charges and expenses carefully before investing. It remains your responsibility to advise Parallel, in writing, if there are any changes in your personal/financial situation or investment objectives for the purpose of reviewing/evaluating/revising our previous recommendations and/or services, or if you would like to impose, add, or to modify any reasonable restrictions to our investment advisory services. A copy of our current written disclosure statement discussing our advisory services and fees is available upon request. The scope of the services to be provided depends upon the needs of the client and the terms of the engagement.